

1 **ABSTRACT OF THE DISCLOSURE**

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3 An arm supporting pillow in sling apparatus,

4 comprising in combination a flexible sling, with a

5 strap to be supported by a user's shoulder area, an

6 insert pillow received in the sling, to be retrievable

7 from the sling, the sling and pillow dimensioned to

8 receive a user's forearm alongside the pillow, in the

9 sling.